Our future: a *Lancet* Commission on adolescent health and wellbeing

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Health for All Adolescents
Webinar
Wed 1\textsuperscript{st} February 2017
Potential, Opportunity & Challenge
Late childhood and adolescent neurodevelopment
Our future: a Lancet Commission on adolescent health and wellbeing
The largest generation in human history......
“Young people are the world’s greatest untapped resource.”

UN Secretary-General
Recommendations

Our future: a *Lancet* Commission on adolescent health and wellbeing
Key Recommendations

1. Reframe adolescent health
2. Match action to need
3. Universal health coverage
4. Intersectoral action
5. Engaging and empowering youth
6. Grow knowledge and capacity
A Broader Lens

Global adolescent health today

HIV
SRH
Mental Health
Infectious diseases
Violence
Chronic Physical Illness
Substance Abuse

Adolescent health needs

HIV
SRH
Mental Health
Infectious Diseases
Violence
Chronic Physical Illness
Substance Abuse

Our future: a Lancet Commission on adolescent health and wellbeing
Longer and Broader Still

Needs

Health determinants
Health risks

Health problems

Adolescence

Health services

Structural actions
Community actions

Actions

Preconception health
Fetal development
Early child development

Adulthood
Profiling health needs
Global health profile of 10- to 24-year-olds

THE LANCET

Our future: a Lancet Commission on adolescent health and wellbeing
Disease burden by country groups 1990-2013
Key Recommendations

1. Reframe adolescent health
2. Match action to need
3. Universal health coverage
4. Intersectoral action
5. Engaging and empowering youth
6. Grow knowledge and capacity
Youth Engagement and Empowerment

Health capital
- Improved systems
- Individual capacities

Youth engagement
- Training and mentorship
- Adult partners
- Systems and resources
The Importance of Data

Assessment
- Health status
- Policy and service responses
- Financial investments

Take the account
**Nigeria’s health profile for 10-24-year-olds**

**SOCIAL DETERMINANTS**

- Population 10-24 years (000s) 54,000
- Proportion % population 10-24 31
- GNI per capita ($US) 2,710
- Health expenditure per capita ($US) 115
- Health workforce density per 1,000 (WHO minimum density 2.3) 2
- Mobile phone subscriptions per 100 (all ages) 73
- Internet users per 100 (all ages) 38

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**HEALTH RISKS**

- Overweight and obesity, by sex, 10-14 years
- Polytobacco smoking, by sex, 10-14 year olds
- Binge drinking in the last 12 months, by sex, 15-24 year olds
- Lifetime prevalence (%) of using injecting drug use, by sex, 15-24 year olds

- 15-24 year olds reporting sex before age 15 (PUB 2014)
- 15-24 year olds reporting condom use at last intercourse (PUB 2014)
- Lifetime prevalence of chlamydia, gonorrhea, and syphillis (GW 2013)
- Unmet need for contraception in females 15-19 year olds

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**HEALTH OUTCOMES**

- DALYs/(100,000 pop) by cause and sex, 10-24 years, 1990-2013
- Proportion of total DALYs across 9 categories by sex, 10-24 years, 1990-2013
- Death rate (100,000 pop) by sex, 10-24 years, 1990-2013

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**THE LANCET**

Our future: a Lancet Commission on adolescent health and wellbeing
Knowledge & Processes for Accountable Action

Assessment
- Health status
- Policy and service responses
- Financial investments

Health actions
- Structural
- Community
- Health services

Take the account

Share the account

Hold the account

Respond to the account

Communication
- Government sectors
- Young people’s organisations
- Young people, families and communities
- Funders and international agencies

Governance
- Political incentives
- Economic incentives
- Legal processes
### Evidence on what works for adolescent health?

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* Not pregnant

- **Good evidence**
- **More evidence needed**
- **Insufficient evidence**
- **No review evidence**
Driving Accountability

**Assessment**
- Health status
- Policy and service responses
- Financial investments

**Health actions**
- Structural
- Community
- Health services

**Communication**
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**Governance**
- Political incentives
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Our future: a *Lancet* Commission on adolescent health and wellbeing
“This generation of adolescents and young adults can transform all our futures; there is no greater priority in global health than ensuring they have the resources to do so.”