## **EVERYDAY ENERGY EFFICIENCY**

Energy efficiency can work for you to reduce the energy you consume without reducing your quality of life.

Here are 23 easy and affordable ways:

- 1. Refrigerators and freezers should not be located near the stove, dishwasher, or heat vents or exposed to direct sunlight—they will use more energy to remain cool when exposed to warmth.
- 2. Install a ceiling fan. You can save money by using a fan instead of highly energy-consuming AC.
- 3. Use a convection oven or convection setting to use 20% less electricity than conventional ovens.
- 4. Use a power strip. It will allow you to easily turn off all power to electronic devices at one time.
- 5. Switch to washing laundry in warm or cold water instead of hot water. Wash hands with cold water too.
- 6. Allow dishes to air-dry, or run the dishwasher with a full load only—and use the energy saving mode.
- 7. Switch out old incandescent light bulbs for energy-efficient LED and CFL bulbs.
- 8. Plug up air leaks around windows with caulk. Install draft guards for doors.
- 9. Make sure your heating and cooling ducts aren't leaking. If they are, use duct sealant to repair.
- 10. Use programmable thermostats that switch on and off at set times.
- 11. Install storm windows.
- 12. Use as much natural sunlight as possible. (Use curtains in the summer to stay cool.)
- 13. Rather than using a dryer machine, hang clothes to dry.
- 14. Adopt a home and office policy to turn off lights, computers, monitors, fax machines, copiers, and printers at night.

- 15. Ask your utility company if they offer green energy purchasing programs.
- 16. Clean the lint trap every time you use the dryer. Excess lint is a fire hazard and prolongs the time required for clothes to dry.
- 17. Get a free home energy audit. You can save up to 30% off your energy bill and 1,000 pounds of CO2 a year. Energy Star can help you find a specialist in your area
- 18. Cover pots while cooking. Use pressure cookers, steamers, crock-pots, and slow cookers: they can save 70-75% energy.
- 19. Keep garage doors closed in the winter.

  An open garage door sucks warm air out of your home and lets cold drafts in.
- 20. Turn off the stove or oven 5-10 minutes before cook time is up. Let the trapped head finish the cooking.
- 21. Use halogen light bulbs for outdoor lighting—they use 25% less energy. Put lights on timers when you're away from home instead of leaving them on all day.
- 22. Unplug your laptop, cell phone, coffee maker, toaster, and camera once they are fully charged. They will always draw power when plugged in.
- 23. Contrary to popular belief, do not let your car idle in the morning! Driving the car slowly warms it faster than letting it idle.

