



THE FACTS UTAH

Speak
for **Health**

AN INITIATIVE OF THE
AMERICAN PUBLIC HEALTH ASSOCIATION

PUBLIC HEALTH FUNDING Strong investments in public health allow a state to carry out programs that improve health. Utah receives \$95 total per person from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA) in public health funding. The Prevention and Public Health Fund awarded the state \$5.09 million in grants for community and clinical prevention efforts and improvements to public health infrastructure in fiscal year 2023.

ACCESS TO CARE 8.0 percent of people in Utah do not have health insurance coverage compared to the national uninsured rate of 7.9 percent. The number of practicing primary care providers is also an important measure of health care availability. Utah has 231.6 active primary care providers per 100,000 people, the 4th lowest in the nation and well below the national average of 283.4 practicing primary care providers per 100,000 people.

Notable Health Measures

- **Tobacco use** 6.0 percent of adults smoke cigarettes in Utah. This is the lowest adult smoking rate in the nation.
- **Obesity** While the state has the 10th lowest adult obesity rate in the nation, the rate has more than doubled since 1990 with 30.2 percent of adults now obese. Obesity contributes to poor general health and is a leading factor in preventable diseases.

The Challenges Ahead

- **Drug deaths** Utah has the 5th lowest drug death rate in the nation with 18.5 deaths per 100,000 people.
- **Air pollution** Utah is ranked 28th worst in the nation in terms of air pollution with an estimated 8.2 micrograms of fine particles per cubic meter. Poor air quality can have severe health effects and impact a large number of people, particularly impacting young children and older adults.

SOURCES: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, [AmericasHealthRankings.org](https://americashealthrankings.org), Accessed 2025; Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>

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