



## THE FACTS OREGON

**Speak**  
for **Health**

AN INITIATIVE OF THE  
AMERICAN PUBLIC HEALTH ASSOCIATION

**PUBLIC HEALTH FUNDING** Strong investments in public health allow a state to carry out programs that improve health. Oregon receives \$191 total per person from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA) in public health funding. The Prevention and Public Health Fund awarded the state \$5.86 million in grants for community and clinical prevention efforts and improvements to public health infrastructure in fiscal year 2023.

**ACCESS TO CARE** 5.5 percent of people in Oregon do not have health insurance coverage compared with the national uninsured rate of 7.9 percent. The number of practicing primary care providers is also an important measure of health care availability. Oregon has 280.2 active primary care providers per 100,000 people. Nationally, there are 283.4 practicing primary care providers per 100,000 people.

### Notable Health Measures

- **Low birthweight** In Oregon, 7.1 percent of live births are low birthweight, the 5th lowest rate in the nation.
- **Physical inactivity** 19.4 percent of the adult population reports doing no physical activity—lower than the national percentage at 24.2. Oregon holds the 4th lowest physical inactivity rate in the country.

### The Challenges Ahead

- **High school graduation** 81.3 percent of students graduate from high school in Oregon. This is the 3rd lowest high school graduation rate in the nation. This is of public health concern as there is a strong connection between education and health. People with higher levels of education are more likely to adopt healthy behaviors.
- **Obesity** 33.6 percent of adults in Oregon are obese, ranking the state 21st lowest in the nation. The adult obesity rate in the state has more than doubled since 1990. Obesity contributes to poor general health and is a leading factor in preventable diseases.
- **Water fluoridation** 26.4 percent of the population in Oregon is served by community water systems that have fluoridated water. This is the 3rd lowest in the nation, well below the national average of 72.3 percent.

SOURCES: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, [AmericasHealthRankings.org](https://americashealthrankings.org), Accessed 2025; Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>

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