

THE FACTS

# CONNECTICUT

**Speak**  
for **Health**

AN INITIATIVE OF THE  
AMERICAN PUBLIC HEALTH ASSOCIATION

**PUBLIC HEALTH FUNDING** Strong investments in public health allow a state to carry out programs that improve health. Connecticut receives \$119 per person from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA). In fiscal year 2023, the Prevention and Public Health Fund awarded over \$7.14 million in grants to Connecticut for community and clinical prevention efforts and improvements to public health infrastructure.

**ACCESS TO CARE** 5.7 percent of people in Connecticut do not have health insurance coverage compared to the national uninsured rate of 7.9 percent. The number of practicing primary care providers is also an important measure of health care availability. Connecticut has 321.5 active primary care providers per 100,000 people. Nationally, there are 283.4 practicing primary care providers per 100,000 people.

## Notable Health Measures

- **Tobacco use** 8.4 percent of adults in Connecticut report smoking regularly, the 2nd lowest rate in the nation.
- **Teen births** Connecticut ranks 4th lowest in the nation for teen birth rates, with 6.4 births per 1,000 women aged 15-19.

## The Challenges Ahead

- **Excessive drinking** 16.2 percent of the adult population reports excessively drinking, ranking the state as the 21st lowest in the nation.
- **Drug deaths** Connecticut ranks 12th highest in the nation for drug-related death rates, with 40.9 drug-related deaths per 100,000 population.
- **Air pollution** Poor air quality can have severe health effects and impact a large number of people, particularly impacting young children and older adults. Connecticut ranks 18th lowest in the nation with a rate of 7.4 micrograms per cubic meter.

SOURCES: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, [AmericasHealthRankings.org](https://AmericasHealthRankings.org), Accessed 2025; Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>

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