



THE FACTS

# ALABAMA

**Speak**  
for **Health**

AN INITIATIVE OF THE  
AMERICAN PUBLIC HEALTH ASSOCIATION

**PUBLIC HEALTH FUNDING** Strong investments in public health allow a state to carry out programs that improve health. Alabama receives \$137 per person from the Centers for Disease Control and Prevention and the Health Resources and Services Administration in public health funding. The Prevention and Public Health Fund awarded the state \$5.60 million in grants for community and clinical prevention efforts and improvements to public health infrastructure in fiscal year 2023.

**ACCESS TO CARE** 8.5 percent of people in Alabama do not have health insurance coverage, compared to the national uninsured rate of 7.9 percent. The number of practicing primary care providers is also an important measure of health care availability. Alabama has 241.0 active primary care providers per 100,000 people. This is significantly lower than the national rate of 283.4 active primary care providers per 100,000 people.

## Notable Health Measures

- **Diabetes** 15.7 percent of adults have diabetes, ranking the state 4th highest in the nation
- **High school graduation** 88.2 percent of students graduate from high school in Alabama, ranking the state the 13th highest in the nation. People with higher levels of education are more likely to adopt healthy behaviors.

## The Challenges Ahead

- **Tobacco use** 14.2 percent of adults in Alabama report smoking regularly, the 13th highest smoking rate in the nation.
- **Obesity** Obesity contributes to poor general health and is a leading factor in preventable diseases. The obesity rate has steadily increased over the past two and a half decades, and is reported to be about 39.2 percent of the population.

SOURCES: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, [AmericasHealthRankings.org](https://americashealthrankings.org), Accessed 2025; Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>

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