



THE FACTS HAWAII

Speak for Health

AN INITIATIVE OF THE
AMERICAN PUBLIC HEALTH ASSOCIATION

PUBLIC HEALTH FUNDING Strong investments in public health allow a state to carry out programs that improve health. Hawaii receives \$156 total per person in public health funding from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA). In 2023 fiscal year, the Prevention and Public Health Fund awarded the state \$4.59 million in grants for community and clinical prevention efforts and improvements to public health infrastructure.

ACCESS TO CARE 3.2 percent of people in Hawaii do not have health insurance coverage well below the national uninsured rate of 7.9 percent. This is the 2nd lowest uninsured rate in the country. The number of practicing primary care providers is also an important measure of health care availability. Hawaii has 277.7 active primary care providers per 100,000 people, ranking below the national average of 283.4 practicing primary care providers per 100,000 people.

Notable Health Measures

- **Smoking:** 9.0 percent of adults in Hawaii report smoking regularly, ranking the state 4th lowest in the nation for smoking rates.
- **Diabetes:** 11.3 percent of adults in Hawaii are diabetic, ranking the state 18th lowest for diabetes rates in the nation.

The Challenges Ahead

- **Excessive drinking** 20.1 percent of the adult population reports excessively drinking, ranking the state as the 5th highest in the nation. Excessive alcohol use can lead to fetal damage, liver diseases, high blood pressure, cardiovascular diseases and other major health problems.
- **Insufficient sleep** Hawaii ranks worst in the nation for insufficient sleep, with 45.6 percent of people reporting, on average, sleeping fewer than 7 hours of sleep in a 24-hour period.
- **Obesity** Obesity contributes to poor general health and is a leading factor in preventable diseases. While the state boasts the 2nd lowest rate in the nation, the obesity rate has consistently increased from 9.1 percent of adults in 1990 to 26.1 percent of adults in 2023.

SOURCES: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, AmericasHealthRankings.org, Accessed 2025; Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>

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