



THE FACTS

MINNESOTA

Speak
for **Health**

AN INITIATIVE OF THE
AMERICAN PUBLIC HEALTH ASSOCIATION

PUBLIC HEALTH FUNDING Strong investments in public health allow a state to carry out programs that improve health. Minnesota receives \$127 total per person from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA) in public health funding. In 2023, the Prevention and Public Health Fund awarded the state over \$11.11 million in grants for community and clinical prevention efforts and improvements to public health infrastructure.

ACCESS TO CARE 4.2 percent of people in Minnesota do not have health insurance coverage, well below the national uninsured rate of 7.9 percent. The number of practicing primary care providers is also an important measure of health care availability. Minnesota has 340.1 active primary care providers per 100,000 people, which is above the national average of 283.4 practicing primary care providers per 100,000 people.

Notable Health Measures

- **Drug deaths** Minnesota reports 24.2 deaths due to drug injury per 100,000 population, below the national average of 32.4 deaths per 100,000 population.
- **Physical inactivity** 22.8 percent of the adult population reports doing no physical activity in the past 30 days, which is low in comparison to the national rate of 24.2 percent.

The Challenges Ahead

- **High school graduation** 83.6 percent of students in Minnesota graduate from high school, which is below the national average of 86.6 percent. This is of public health concern as there is a strong connection between education and health. People with higher levels of education are more likely to adopt healthy behaviors.
- **Excessive drinking** 18.3 percent of the adult population reports excessively drinking, ranking the state 11th highest in the nation. Excessive alcohol use can lead to fetal damage, liver diseases, high blood pressure, cardiovascular diseases and other major health problems.

SOURCES: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, AmericasHealthRankings.org, Accessed 2025; Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>

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