



THE FACTS

# NEW MEXICO

**Speak**  
for **Health**

AN INITIATIVE OF THE  
AMERICAN PUBLIC HEALTH ASSOCIATION

**PUBLIC HEALTH FUNDING** Strong investments in public health allow a state to carry out programs that improve health. New Mexico receives \$300 total per person from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA) in public health funding. The Prevention and Public Health Fund awarded the state \$9.17 million in grants for community and clinical prevention efforts and improvements to public health infrastructure in fiscal year 2023.

**ACCESS TO CARE** 9.1 percent of people in New Mexico do not have health insurance coverage compared with the national uninsured rate of 7.9 percent. The number of practicing primary care providers is also an important measure of health care availability. New Mexico has 288.3 active primary care providers per 100,000 people. Nationally, there are 283.4 practicing primary care providers per 100,000 people.

## Notable Health Measures

- **Air pollution** 6.7 micrograms of fine particles per cubic meter, ranking the state 12th lowest in air pollution in the nation. Reduced exposure to air pollution is important to public health as poor air quality leads to reduced lung function, increased risk of asthma complications, heart attacks, heart failure and death, and impacts a large number of people, particularly impacting young children and older adults.
- **Exercise** New Mexico reports 30.4 percent of adults engaging in physical activity that meets the federal physical activity guidelines, which is exactly the same as the federal average for exercise.

## The Challenges Ahead

- **High school graduation** 75.1 percent of students graduate from high school in New Mexico, ranking lowest in the nation. This is a major public health concern as there is a strong connection between education and health. People with higher levels of education are more likely to adopt healthy behaviors.
- **Drug deaths** New Mexico is ranked 7th highest in the nation for deaths due to drug injury with 48.5 deaths per 100,000 people.
- **Occupational fatalities** New Mexico reports the highest occupational fatality rate in the nation, with 7.6 fatal occupational injuries in construction, manufacturing, trade, transportation and utility industries as well as professional and business services per 100,000 workers.

SOURCES: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, [AmericasHealthRankings.org](https://AmericasHealthRankings.org), Accessed 2025; Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>

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