## THE FACTS



AN INITIATIVE OF THE AMERICAN PUBLIC HEALTH ASSOCIATION

**PUBLIC HEALTH FUNDING** Strong investments in public health allow a state to carry out programs that improve health. Hawaii receives \$255 total per person in public health funding from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA). This ranks Hawaii 5th highest in the nation for public health funding per person. In 2023 fiscal year, the Prevention and Public Health Fund awarded the state \$4.59 million in grants for community and clinical prevention efforts and improvements to public health infrastructure.

**ACCESS TO CARE** 3.5 percent of people in Hawaii do not have health insurance coverage well below the national uninsured rate of 8.0 percent. This is the 2nd lowest uninsured rate in the country. The number of practicing primary care providers is also an important measure of health care availability. Hawaii has 212.6 active primary care providers per 100,000 people, ranking below the national average of 232.0 practicing primary care providers per 100,000 people.

## **Notable Health Measures**

- Smoking 10.0% of adults report smoking cigarettes, and 18.7% of high school students report using any tobacco product including e-cigarettes. The state experiences \$2.6 million in total annual morbidity-related productivity losses related to adults who currently smoke.
- **Diabetes** Diabetes increased 50% from 7.8% to 11.7% of adults between 2012 and 2022.

## **The Challenges Ahead**

- **Excessive drinking** 19.9 percent of the adult population reports excessively drinking, ranking the state as the 13th highest in the nation. Excessive alcohol use can lead to fetal damage, liver diseases, high blood pressure, cardiovascular diseases and other major health problems.
- **Insufficent sleep** Hawaii ranks worst in the nation for insufficient sleep, with 45.6% of people reporting, on average, sleeping fewer than 7 hours of sleep in a 24-hour period.
- **Obesity** Obesity contributes to poor general health and is a leading factor in preventable diseases. While the state boasts the 2nd lowest rate in the nation, the obesity rate has consistently increased from 9.1 percent of adults in 1990 to 25.9 percent of adults in 2022.

Sources: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, AmericasHealthRankings.org, Accessed 2024; Centers for Disease Control and Prevention. National Tobacco Control Program (NTCP) State Fact Sheets, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <u>https://www.cdc.gov/tobacco/stateandcommunity/state-fact-sheets/index.htm</u>. Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <u>https://fundingprofiles.cdc.gov/</u>.



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