Let’s get started

1. Once logged in you will see the abstract review control panel on the left side of the screen. If you have not done so already, you will have to complete a conflict of interest disclosure form. Click ‘add new’ to complete the disclosure form.

2. Once the form is completed you will see a list of abstracts assigned for your review organized by topic.

3. Select your first abstract from the list and click ‘go’.

Up next: Reading the Abstract
The abstract will appear on the right side of the screen along with other important information. Read the abstract thoroughly before rating it.

**Abstract:**

Falls in older people are a leading cause of unintentional injury. Strength and balance exercise programmes such as the Falls Management Exercise Programme (FaME) are recommended by the NICE and Public Health England however the commissioning of such programmes is inconsistent across England.

The PHISICAL study investigated the implementation of FaME in a range of different localities in England in order to determine whether the programme retains its clinical effectiveness and fidelity in non-research settings and to identify barriers and facilitators to implementation. Findings were used to develop an evidence-based implementation toolkit for commissioners to maximise the availability of FaME nationally.

The contents of the toolkit are derived from:
- Quantitative analysis of programme performance and outcome data
- Observations of FaME class delivery quality
- Analysis of video-recorded Communities of Practice events
- Semi-structured interviews with FaME commissioners, providers, participants and referrers

A total of 256 older people took part, 79% were aged ≥70. 51% took ≥4 medications. One third had fallen in the last year. Overall 42% of participants completed at least 75% of the FaME programme classes. These people increased their physical activity by 170 minutes per week (p-value=0.023), were more confident in their balance (p<0.001) and became less concerned about falling (p<0.01). The number of falls reduced from 1.27 to 1.04 per participant per year (p=0.41). FaME can be implemented in the community with high quality and fidelity and should be part of a falls prevention pathway. The implementation toolkit provides evidence-based information on how to commission FaME.

**Up next: Rubric to Score the abstract**
Rubric to Scoring the Abstract

Below the abstract text you will find the rubric used to score abstracts. Maximum number of points may vary depending on the Section and the number of criteria to be scored.

OVERALL SCORE AND RECOMMENDATION
Indicate your final recommendation based on the overall score from each of the sections below, where:

* Based on maximum of 45 points

Reject
0 - 10 = Very Poor
11 - 20 = Poor
21 - 34 = Neutral/Adequate

Accept
35 - 40 = Good
41 - 45 = Very Good

Up next: Abstaining
Abstaining

If you find that you were assigned your own abstract or are familiar with the abstract you should recuse yourself by indicating in the ‘abstain’ box the reason for recusing.

Abstain — If you wish to recuse yourself from review of this entry due to a conflict of interest, please DO NOT SCORE THIS ABSTRACT. Leave the other fields untouched. Only use the box below to briefly describe the conflict then scroll down and click Submit. An automatic email will be sent to the program planner(s) regarding the abstain status.

Up next: Rating the abstract
Rating the abstract

Rate each criteria and refer to the rubric to determine acceptance/decline of abstract.

Abstract Content - specific to presenting topic, must be of sound science, or evidence-based practice (promising practice) and serve to maintain, develop or increase the knowledge, skills or competence of the public health professional. Content must be objective, free from bias and promotion, no use of commercial entities, products, services, logos, or brand names (15 points possible).

Rating: 6

Learning Outcomes – at least one measurable learning outcome that reflects what the learner will be able to do as a result of participating in this educational activity (5 points possible). (no compound outcomes - list outcomes separately)

Rating: 4

GAP addressed – Were gaps identified? Was it based on sound science, evidence-based (promising practice) that identified the change in skills, knowledge, and/or the opportunity for improvement? (10 points possible).

Rating: 10

Competency - Did the abstract address a core competency in public health, nursing, medicine or health education? (5 points possible).

Rating: 5

Quality of Written Abstract – Was the abstract coherent? Did the abstract clearly state the purpose and/or relevance to field of public health? (10 points possible).

Rating: 10

TOTAL SCORE: 37

Up next: Recommendations
Recommendations

1. If you find the abstract is newsworthy indicate your reason in the box below.

2. Make your final recommendations for accepting or declining the abstract

Newsworthy

If you believe this paper is newsworthy, explain why. IF NOT, please leave BLANK.
Please note:
1. Newsworthy papers are generally those that are of interest to the general public, affect a large number of people, contain new or surprising findings, and/or touch on current or controversial issues.
2. Selecting a paper as newsworthy has no bearing on whether or not the paper is accepted for presentation.

Final Recommendation

- I recommend this abstract be accepted
- I recommend this abstract be accepted with some changes (use the Final Recommendation Comments box below)
- I recommend this abstract be accepted as a Poster
- I recommend this abstract be rejected (use the Final Recommendation Comments box below)

Final Recommendation Comments

Additional Comments/Concerns

When you click the submit button, your rating of Abstract #455495 will be stored and the next Abstract #460518 will be immediately displayed.

Submit

Up next: Review Scores
Review Scores

Once reviews are completed you will see your scores in the left review window and a message on the right that confirms your scores have been received. Click on “Score Summary” to view and/or print out your scores.
# Score Summary

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<th>Abstract ID</th>
<th>Score</th>
<th>Title</th>
<th>Newsworthy</th>
<th>Final Recommendation</th>
<th>Final Comments</th>
<th>Additional Comments</th>
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ABOUT APHA

The American Public Health Association champions the health of all people and all communities. We strengthen the public health profession. We speak out for public health issues and policies backed by science. We are the only organization that influences federal policy, has a nearly 150-year perspective and brings together members from all fields of public health. APHA publishes the *American Journal of Public Health* and *The Nation’s Health* newspaper. At our Annual Meeting and Expo, thousands of people share the latest public health research. We lead public awareness campaigns such as Get Ready and National Public Health Week. Together, we are creating the healthiest nation in one generation. Learn more at www.apha.org.