



THE FACTS VIRGINIA

Speak
for **Health**

AN INITIATIVE OF THE
AMERICAN PUBLIC HEALTH ASSOCIATION

PUBLIC HEALTH FUNDING Strong investments in public health allow a state to carry out programs that improve health. Virginia receives \$107 per person total from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA) in public health funding. The Prevention and Public Health Fund awarded the state \$9.00 million in grants for community and clinical prevention efforts and improvements to public health infrastructure in fiscal year 2023.

ACCESS TO CARE 6.4 percent of people in Virginia do not have health insurance coverage, compared to the national uninsured rate of 7.9 percent. The number of practicing primary care providers is also an important measure of health care availability. Virginia has 274.3 active primary care providers per 100,000 people, which is below the national average of 283.4 practicing primary care providers per 100,000 people.

Notable Health Measures

- **Drug deaths** Virginia has the 17th lowest drug death rate in the nation with 28.7 deaths per 100,000 people.
- **Infant mortality** Virginia has the 33rd lowest infant mortality rate in the nation with 6.1 infant deaths per 1,000 live births.
- **Mental health providers** Virginia has only 273.1 mental health providers per 100,000 population, well below the national average of 344.9 per 100,000 population.

The Challenges Ahead

- **Tobacco use** 10.9 percent of Virginia adults report smoking cigarettes regularly.
- **Obesity** 34.3 percent of adults in Virginia are obese. The obesity rate has nearly tripled since 1990. Obesity contributes to poor general health and is a leading factor in preventable diseases.
- **Diabetes** 11.8 percent of adults in Virginia have been diagnosed with diabetes, similar to the national average of 11.5 percent.

SOURCES: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, AmericasHealthRankings.org, Accessed 2025; Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>

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