



THE FACTS MAINE

Speak for Health

AN INITIATIVE OF THE
AMERICAN PUBLIC HEALTH ASSOCIATION

PUBLIC HEALTH FUNDING Strong investments in public health allow a state to carry out programs that improve health. Maine receives \$151 per person total from the Centers for Disease Control (CDC) and Prevention and the Health Resources Services Administration (HRSA) in public health funding. In 2022 fiscal year, the Prevention and Public Health Fund awarded the state over \$3.83 million in grants for community and clinical prevention efforts and improvements to public health infrastructure.

ACCESS TO CARE 5.7 percent of people in Maine do not have health insurance coverage compared to the national uninsured rate of 8.6 percent. The number of practicing primary care providers is also an important measure of health care availability. Maine has 355.0 active primary care providers per 100,000 people, ranking 2nd highest in the nation.

Notable Health Measures

- **High school graduation** 87.4 percent of students graduate from high school in Maine, ranking the state 18th highest in the nation. This is a notable measure as there is a strong connection between education and health. People with higher levels of education are more likely to adopt healthy behaviors.
- **Violent Crime** The state has the lowest violent crime rate in the nation with 109 offenses per 100,000 people.
- **Air pollution** 5.1 micrograms of fine particles per cubic meter, ranking the state 6th lowest in air pollution in the nation. Poor air quality leads to reduced lung function, risk of asthma complications, heart attacks, heart failure, and death, and particularly impacts young children and older adults.

The Challenges Ahead

- **Tobacco use** 15.6 percent of adults in Maine smoke cigarettes, which is slightly higher than the national percentage. Each year, 2,400 people die from smoking-related illnesses in Maine and \$811 million is spent on smoking-related health care.
- **Drug deaths** Maine had a drug-related death rate of 37.6 drug deaths per 100,000 population in 2021, ranking the state 10th highest for drug deaths in the nation.
- **Asthma** Maine has the second highest rate of asthma in the nation, with 12.5% of adults diagnosed with asthma in 2022.

Sources: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, AmericasHealthRankings.org, Accessed 2023; Centers for Disease Control and Prevention. National Tobacco Control Program (NTCP) State Fact Sheets, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://www.cdc.gov/tobacco/stateandcommunity/state-fact-sheets/index.htm>; Centers for Disease Control and Prevention. Centers for Disease Control and Prevention. Fiscal Year 2023 Grant Funding Profiles Totals, (2023). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>



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