NPHW Overview + Keep It Moving Challenge

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NATIONAL PUBLIC HEALTH WEEK 2022

APRIL 4-10, 2022

THEME: PUBLIC HEALTH IS WHERE YOU ARE

• Visit the NPHW Website (www.nphw.org) for tools & tips to get an idea of how to get involved
  – Host an event
  – Attend an event
• Social media shareables & fact sheets for daily themes coming soon!
• Sample proclamation for state and local advocacy
• Student Day on April 5
• Twitter Chat on April 6
## NPHW 2022 – APRIL 4-10

PUBLIC HEALTH IS WHERE YOU ARE

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAILY THEME</th>
<th>EVENT</th>
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<tbody>
<tr>
<td>04/04</td>
<td>Monday: Racism: A Public Health Crisis</td>
<td>Kickoff Forum</td>
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<td>04/05</td>
<td>Tuesday: Public Health Workforce: Essential to our Future</td>
<td>Student Day</td>
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<td>04/06</td>
<td>Wednesday: Community: Collaboration &amp; Resilience</td>
<td>Twitter Chat; HCCC</td>
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<td>04/07</td>
<td>Thursday: World Health Day: Health is a Human Right</td>
<td>WHD Celebration</td>
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<td>04/08</td>
<td>Friday: Accessibility: Closing the Health Equity Gap</td>
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<td>04/09</td>
<td>Saturday: Climate Change: Taking Action for Equity</td>
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<td>04/10</td>
<td>Sunday: Mental Wellness: Redefining the Meaning of Health</td>
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GET INVOLVED

KEEP IT MOVING CHALLENGE

Promote Physical Activity where you are!

January 1 – April 10, 2022

• New app will be released
• QR code step booster
• 3 inclusive step levels
• Join one of 10 teams
• Challenge Leader Board
• Log other fitness activities for equivalent step credit
Campus

• Plan a training on how to use Narcan or give CPR!
• Plan an on-campus exercise class or try one of our favorites!
Online

• Participate in and promote NPHW Student Day on Tuesday, April 5!

• Host a virtual fundraiser to support NPHW, try this Instagram bingo board.

• Send an APHA action alert to your federal policymakers to show your support for health issues important to you.
Read and watch to learn more about public health!
Work

- Join our LinkedIn page
- Find an internship using the APHA Public Health CareerMart
All these ideas and more can be found on our website!
Student Day – Tuesday, April 5, 2022

Holly Plackemeier
Affiliate Manager
Holly.plackemeier@apha.org
Student Day events – April 5, 2022

• **Young professionals career panel**
  – Intended for current students, recent graduates, people interested in pursuing a graduate degree/career in a health-related field

• **Mentoring webinar**
  – Intended for mid to late career professionals interested in learning how to best support and mentor students

Events in collaboration with APHA Student Assembly.

Visit [http://nphw.org/Events/Student-Day](http://nphw.org/Events/Student-Day) for more information and to watch recordings of previous events.
About APHA

The American Public Health Association champions the health of all people and all communities. We strengthen the public health profession, promote best practices and share the latest public health research and information. We are the only organization that combines a 150-year perspective, a broad-based member community and the ability to influence policy to improve the public’s health. Learn more at www.apha.org.