

# THE FACTS CONNECTICUT

**Speak**  
for **Health**

AN INITIATIVE OF THE  
AMERICAN PUBLIC HEALTH ASSOCIATION

**PUBLIC HEALTH FUNDING** Strong investments in public health allow a state to carry out programs that improve health. Connecticut receives \$104 per person from the Centers for Disease Control and Prevention (CDC) and the Health Resources Services Administration (HRSA), ranking the state 28th in the nation. In 2020 fiscal year, the Prevention and Public Health Fund awarded over \$10.0 million in grants to Connecticut for community and clinical prevention efforts and improvements to public health infrastructure.

**ACCESS TO CARE** 5.9 percent of people in Connecticut do not have health insurance coverage compared to the national uninsured rate of 9.2 percent. The number of practicing primary care providers is also an important measure of health care availability. Connecticut has 277.9 active primary care providers per 100,000 people, ranking 15th highest in the nation. Nationally, there are 241.9 practicing primary care providers per 100,000 people.

## Notable Health Measures

- **Tobacco use** 12.1 percent of adults smoke cigarettes, ranking 4th lowest in the nation. While the adult smoking rate is relatively low in comparison to the national rate, tobacco still takes a large toll on the state and its residents. Each year, 4,900 people die from smoking-related illnesses in Connecticut and about \$2.0 billion is spent on smoking-related health care.
- **Teen births** Connecticut ranks 3rd lowest in the nation for teen birth rates, with 8.3 births per 1,000 women aged 15-19.

## The Challenges Ahead

- **Excessive drinking** 17.7 percent of the adult population reports excessively drinking, ranking the state as the 18th highest in the nation.
- **Drug deaths** Connecticut ranks 9th highest in the nation for drug-related death rates, with 29.9 drug-related deaths per 100,000 population in 2020.
- **Air pollution** Poor air quality can have severe health effects and impact a large number of people, particularly impacting young children and older adults. Connecticut ranks 17th lowest in the nation with a rate of 7.0 micrograms per cubic meter.

Sources: America's Health Rankings analysis of Trust for America's Health, U.S. HHS, U.S. Census Bureau, Annual Estimates of the Resident Population, United Health Foundation, AmericasHealthRankings.org, Accessed 2021; Centers for Disease Control and Prevention. National Tobacco Control Program (NTCP) State Fact Sheets, (March 2021). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://www.cdc.gov/tobacco/about/osh/state-fact-sheets/index.htm>; Centers for Disease Control and Prevention. Centers for Disease Control and Prevention. Fiscal Year 2020 Grant Funding Profiles Totals, (July 2021). Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. <https://fundingprofiles.cdc.gov/>



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