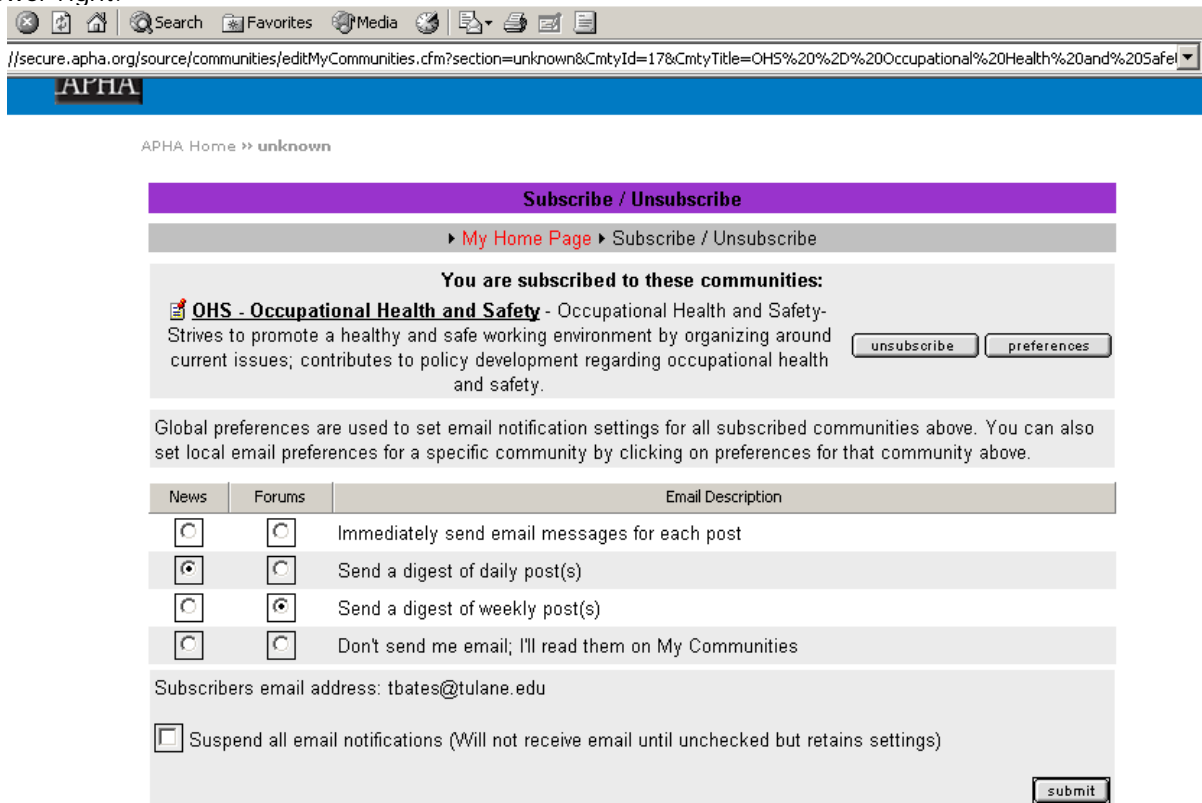


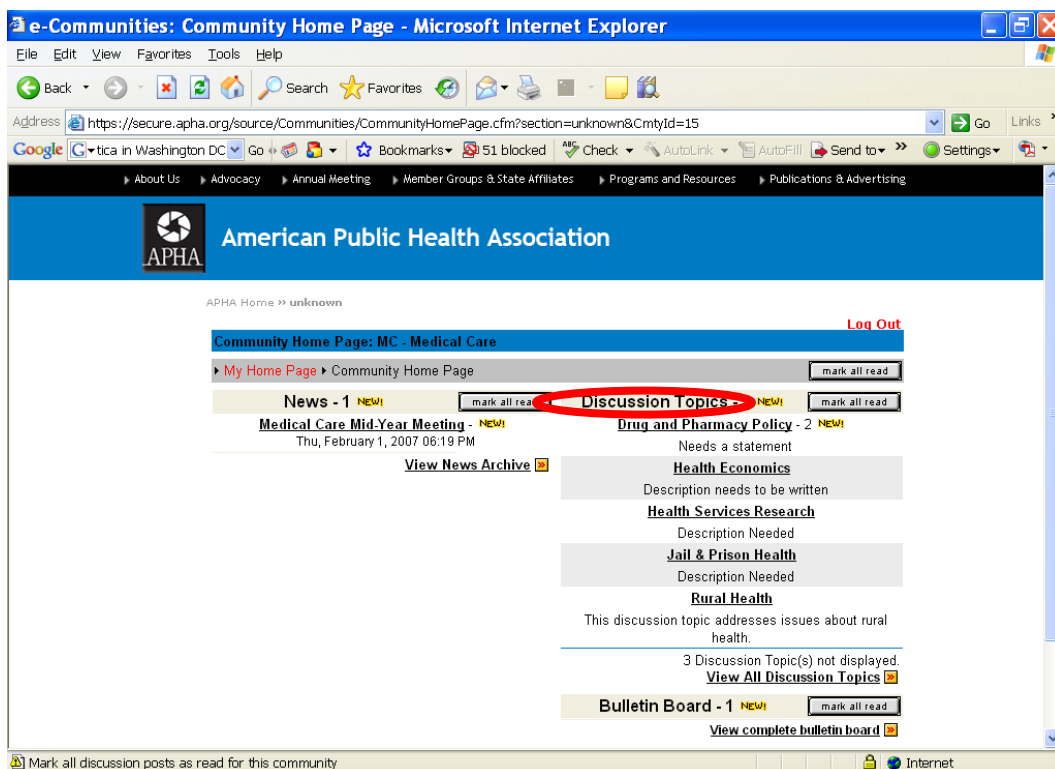
- 7) After you have subscribed to your Section, you decide to make changes to your preferences, as displayed on the picture above; you can use one of the 2 buttons – “Unsubscribe” or “Preferences”. If you click on the “Unsubscribe” button, the system will remove your ID from the ListServe. If you decide to change your preferences in your community, click on the “Preferences” button and the system will display the window below for you to make changes. After your changes have been selected, click on the “Submit” button on the lower right.



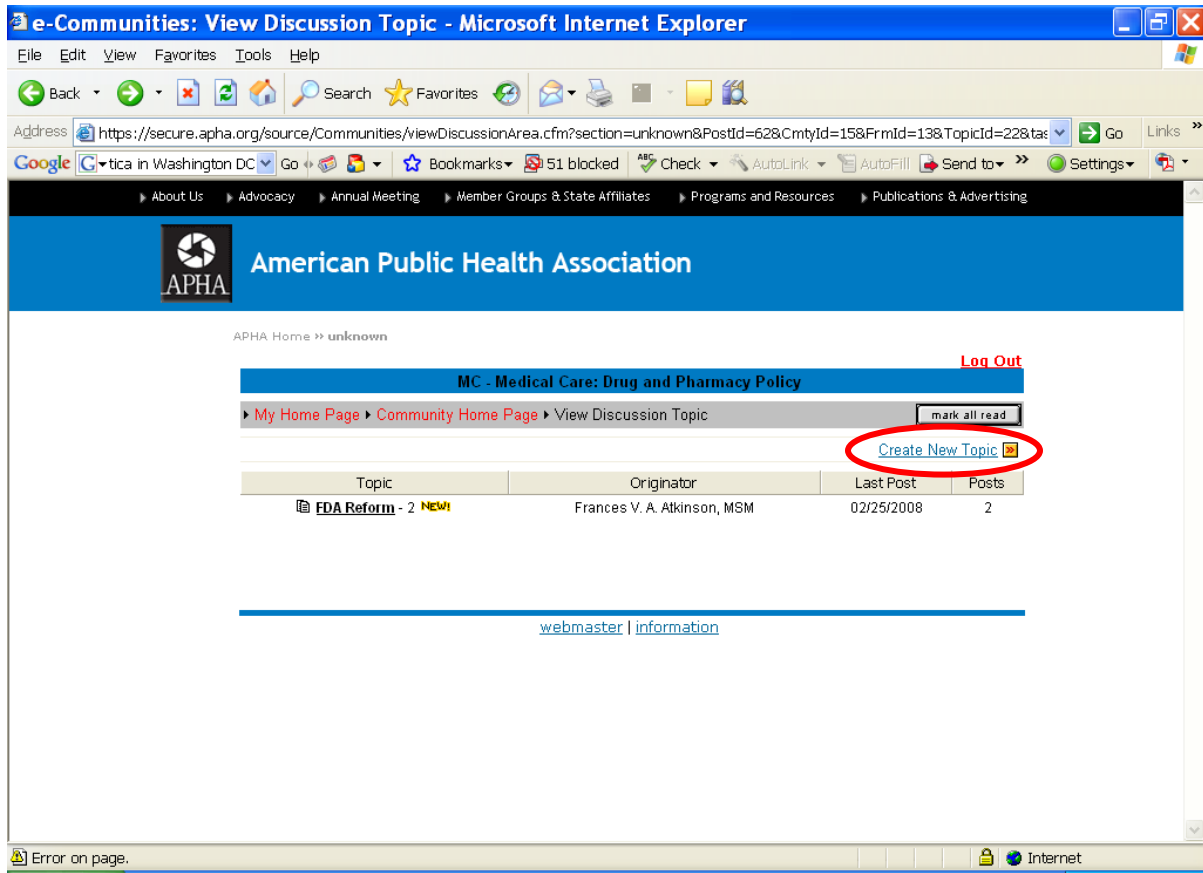
- 8) After you click on the “Submit” button, will be displayed to let you know that your changes were successfully applied. At the completion of this step, you are fully subscribed to your community.

## Discussion Topics

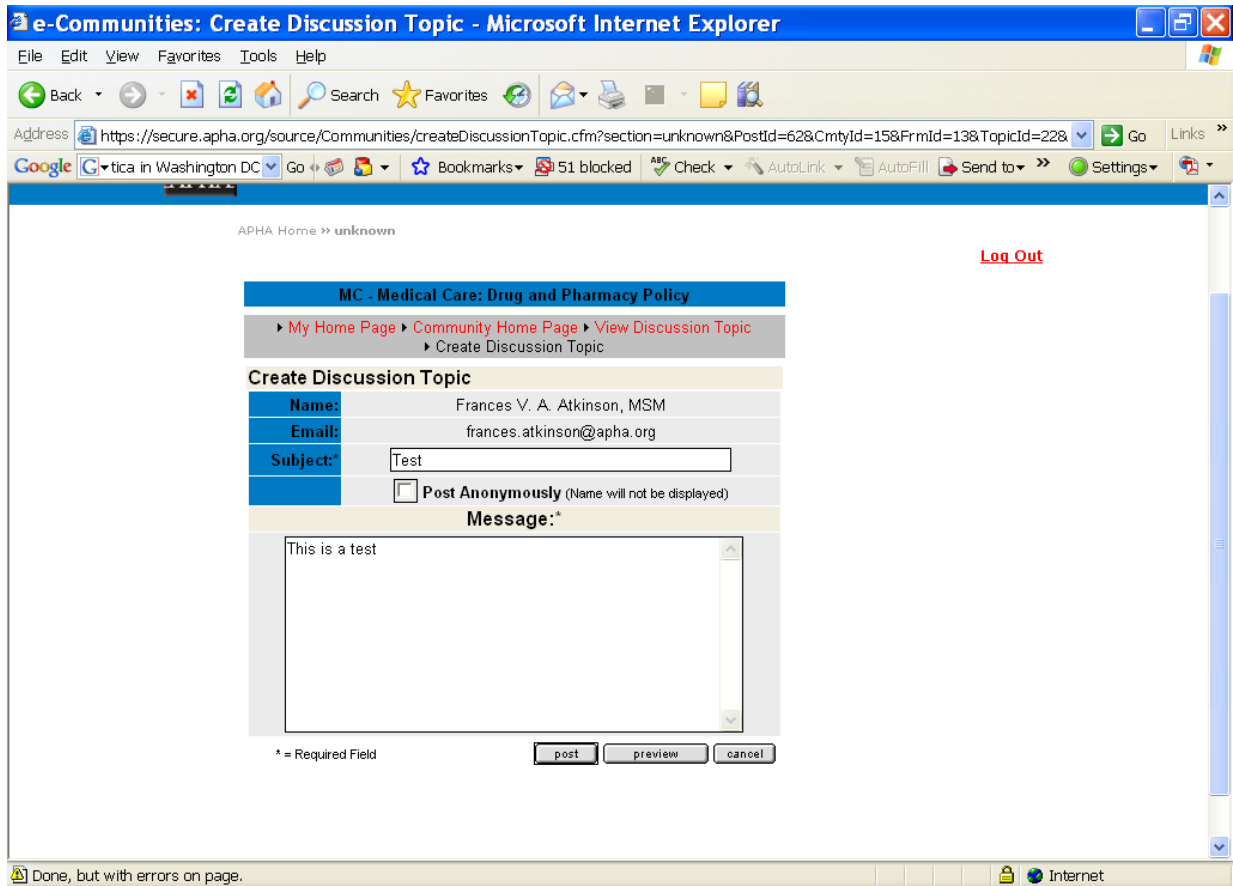
Discussion Topics are groups in which members can participate on a web-based listserve and contribute to lively ongoing conversations on a variety of topics. To see the various posts by members, click on the topic.



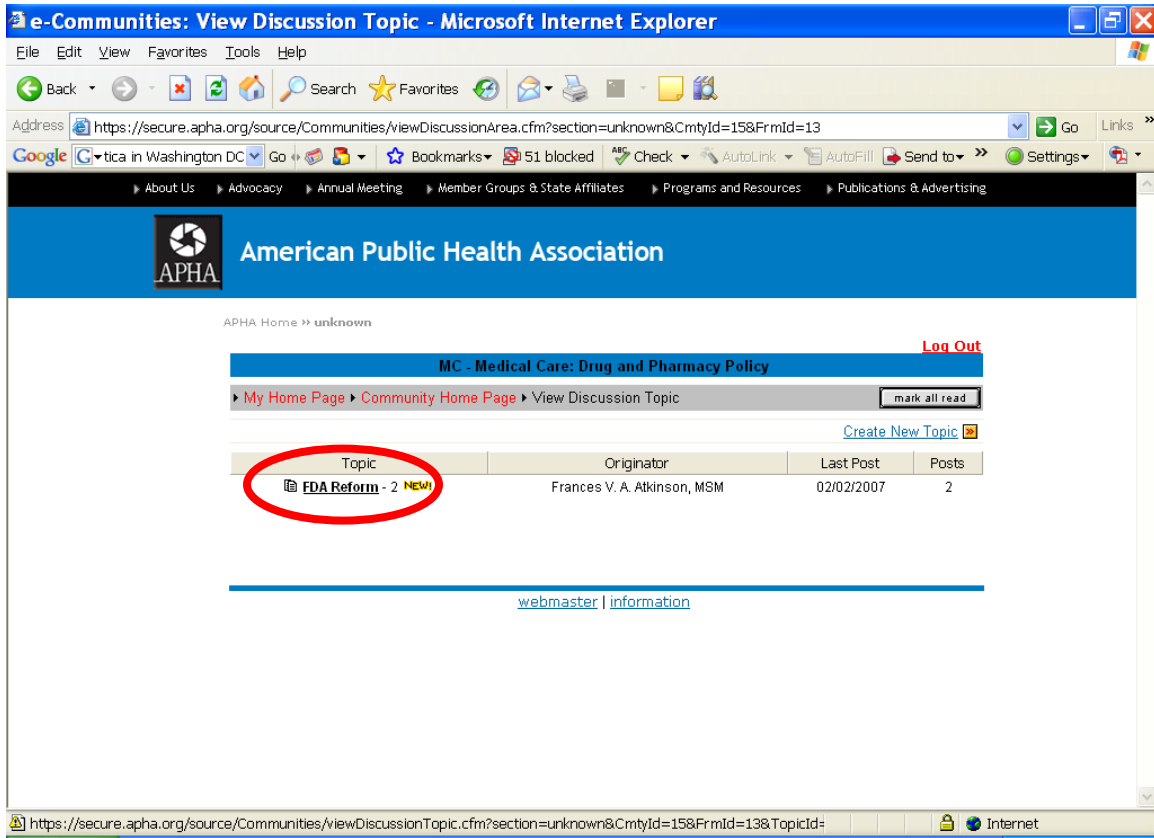
To create a new thread of discussion, click "Create New Topic" on the upper right-hand side of the page.



Enter information in "Subject" and "Message" areas.



Click on the topic you wish to read.



You may read the post, then click on "Reply" if you wish to make a comment. Also, you may edit or delete your own post at any time.

